

REGISTRATION FORM

Coaching Expo, Thursday 4 June 2009 - The Winston Bar, 192 Pirie Street, Adelaide SA 5000
Bookings are essential. CLOSING DATE FRIDAY 29 MAY 2009.

DELEGATE INFORMATION

Title Given Name Family Name

Position

Organisation

Street Address

Suburb/Town Postcode

Telephone Fax

Mobile Email

ICFSA Member Yes No

REGISTRATION SAVE TIME - REGISTER ONLINE AT www.icfaustralasia.com/SACW.php

REGISTRATION FEE - \$15 - \$5 to be donated to "Make-A-Wish" Australia"

Included in the Registration Fee - One beverage, cocktail food, speakers and coaching expo



• Bookings are essential and payment must be received by 29 May 2009.

PAYMENT

CHEQUE OR MONEY ORDER

If paying via a cheque or money order please make cheque payable to: International Coach Federation

and mail this form along with your payment to:
The Treasurer
SA Sub Chapter ICFA
C/O PO Box 68
HIGHBURY SA 5089

DIRECT DEBIT / EFT

If paying via direct debit please make the payment to:

Bank: BankSA
Account Name: International Coach Federation
BSB: 105-022 Account No. 060099340
Ref: XFG07

and email this form along with a copy of your direct debit receipt to: bal2life@bigpond.net.au

Please tick if you require an invoice receipt *Cancellation of bookings after the 27 May 2009 will not be refunded.

EVENT IN BRIEF

Take the opportunity to meet with coaches from different areas of speciality. With representation of coaches from the areas of Life, Business, Executive, Career, Fitness and Leadership coaching, this is the opportunity to meet and gain a better understanding of coaching.

Meet the local International Coaching Federation Australasia (ICFA) leadership team and ask them questions about coaching. Learn from them what coaching is, and how the ICFA supports coaches locally, nationally and internationally.

Listen to six inspirational speakers –

- people who have experienced the benefits of coaching and how it has changed them or their business
- coaches who will provide insights in their field.

PERSONAL SUSTAINABILITY COACH WEEK 09

COACHING DIVERSITY CONTRIBUTING TO PERSONAL AND GLOBAL CHANGE

THURSDAY 4 JUNE

Listen to six INSPIRATIONAL SPEAKERS

Darryl Cross | Peter Eblen | Leonie Berger | Stan Kontos | Sue Girardi | Paul Andrew



**\$5 FROM YOUR
REGISTRATION WILL
BE DONATED TO**



ADVANCING THE ART, SCIENCE AND PRACTICE OF PROFESSIONAL COACHING

OVERVIEW OF COACH WEEK SOUTH AUSTRALIA

The theme for Coach Week in 2009 is Coaching Diversity and how it contributes to personal and global change. In South Australia coaching is an emerging profession with talented professionals seeking to assist people and organisations.

Individuals and businesses engage coaches for a myriad of reasons and we will share these experiences with you. Come and learn more about coaching from professional coaches and hear from people who have first hand experiences of the coaching process.

Chat to our sponsors at the Coaching Expo and hear what they have to offer. There will be a large number of exhibiting coaching organisations and "The Coaching Institute" will be present should you be interested in pursuing coaching as a profession.

We look forward to seeing you there and sharing the positive and diverse experiences of coaching in South Australia.

COACHING MINI EXPO

Never before has there been an event that has put together a group of leading coaching organisations for you to visit and discuss your coaching needs.

They will be available from 3pm to answer any queries.

Ask a Coach - Ask questions about coaching to the ICFA SA Chapter Leadership Team
As coaching is a relatively new profession in South Australia our local ICFA leadership team have come together as a panel to answer any of your questions on the coaching profession in South Australia. This panel will consist of:

- Connie Diano – ICFSA Chapter President and Life Coach
- Pru Tucker – ICFSA Past Chapter President and Life/Business Coach
- Miriam Henke – NLP Trainer and Coach
- Maureen McKenzie – Motivational Trainer and Life Coach
- Robert Stocks – Workplace and Business Coach

EXPO PROGRAMME

Thursday 4 June 2009 3.00pm - 8.30pm
The Winston Bar, 192 Pirie Street, Adelaide SA 5000

TIME	PROGRAMME
3.00	Coaching Mini Expo
5.00	Ask the Coach <i>Ask questions about coaching to the ICFA SA Chapter Leadership Team</i>
5.30	Drinks and Food
6.00	Dr Darryl Cross <i>Transition from Psychologist to Coach</i>
6.15	Peter Eblen <i>How coaching benefited him as a CEO, and his business</i>
6.30	Leonie Berger <i>Understanding the 'little thing in your head that's keeping you fat'</i>
6.45	Break
7.00	Stan Kontos <i>Personal and professional development: the key to improving the effectiveness for business owners</i>
7.15	Sue Girardi <i>From high school drop out to entrepreneur</i>
7.30	Paul Andrew <i>How leadership coaching and training is a force multiplier for your business</i>
7.45	Coaching Mini Expo
8.30	Close

Coach Week 2009
Platinum Sponsor:



www.thecoachinginstitute.com.au



MC FOR THE EVENT - JOSE GIL *MBA* BUSINESS AND EXECUTIVE COACH

The founder of Business Success, Jose is a professional coach specialising in business & executive coaching. He is a dynamic presenter that has empowered businesses and individuals to unleash their true potential.

ABOUT THE SPEAKERS AND THE SESSIONS



DARRYL CROSS

Darryl is a clinical and organisational Psychologist who is also an accredited Executive and Personal Coach. He is an author, international speaker and university lecturer in Leadership in the MBA program at UniSA. He has coached clients from Medicare Australia, DSTO, Catholic Education, SAGE Automation, SA Housing Trust, Philmac Pty Ltd, Schiavello Pty Ltd to name a few.

SESSION 1: DR DARRYL CROSS *PCC*

TRANSITION FROM PSYCHOLOGIST TO COACH

How does a Psychologist with specific training in coaching come up with practical ways to use life principles that work? Learn how Darryl assists people to maximize their potential and reach their goals. He understands human behaviour and therefore can help individuals and teams to move to another place.



PETER EBLEN

Peter is the Dealer Principal at Eblen Subaru. He has four businesses ranging from car sales to collision repairs and employs approximately 90 people in South Australia. As a result of the sudden death of his father, Peter at the age of 27 was thrust (kicking & screaming!) into the driver's seat. The business employed 15 people and had 3 automotive franchises on the site at 114 Brighton Road Glenelg. Fortunately Peter was supported by a coach and mentor.

SESSION 2: PETER EBLEN

HOW COACHING INFLUENCED HIM AND HIS BUSINESS

Eblen Subaru has been using a coach for 5 years. Eblen Subaru now uses coaching as a maintenance resource rather than a crisis resource. Find out how coaching helped Eblen Subaru make this transition and what it has meant to have a coach as a regular component of their business.



LEONIE BERGER

Leonie Berger, a Personal Trainer and Life Coach, has been transforming people's lives for the past four years, achieving results for her clients, not experienced before. Using the principles of life coaching, Leonie works with her clients to help close the gap between where they are and where they want to be in relation to their health and fitness.

SESSION 3: LEONIE BERGER

UNDERSTANDING THE 'LITTLE THING IN YOUR HEAD THAT'S KEEPING YOU FAT'

Leonie will reveal how life coaching helps her clients understand how they come to be overweight or unhealthy, why they have been unsuccessful in the past, what's preventing them from achieving their ideal weight and a healthier lifestyle, and how to establish new beliefs to create positive behaviours that moves them towards their health and fitness goals.



STAN KONTOS

As South Australia's foremost authority on "Peak Life Performance" and "Leadership Psychology", Stan has a passion for the development of Human Potential. He has attended numerous programs around the world on personal development, management, marketing, public speaking, and wealth creation.

SESSION 4: STAN KONTOS

PERSONAL & PROFESSIONAL DEVELOPMENT: THE KEY TO IMPROVING THE EFFECTIVENESS FOR BUSINESS OWNERS.

The key to success is twofold: 80% mindset (coaching) and 20% strategy (mentoring). Hear about the system that has been used to create a chain of successful businesses both here and interstate. Sustainable results (as opposed to obtainable results) arise from assisting Managers and Owners achieve a better life balance. Increasing sales and profits are created when specialised knowledge is taken on via mentoring (into a mind that is open from coaching).



SUE GIRARDI

Sue Girardi is an Adelaide born entrepreneur and creator of the quality home and business services network "Kick It To Me - Yes You Can!". Kick It To Me currently has 3 business subsidiaries offering services such as Event Management, Holiday Accommodation and Limousine Chauffeured Shopping Tours.

SESSION 5: SUE GIRARDI

FROM HIGH SCHOOL DROP OUT TO ENTREPRENEUR

Hear from Sue on how coaching has played a major influence in converting her from a wandering high school drop-out into a focussed, confident and secure businesswoman running 3 businesses. This is an inspirational story.



PAUL ANDREW

Paul Andrew is the Director of Innovation Coaching and is an Executive Coach, Leadership Trainer and Keynote Speaker. For over sixteen years Paul has been helping people bring about change in their lives. He coaches key leaders in businesses both nationally and internationally, from SME's through to multinationals including Flight Centre and Gloria Jeans Coffees.

SESSION 5: PAUL ANDREW

HOW LEADERSHIP COACHING & TRAINING IS A FORCE MULTIPLIER FOR YOUR BUSINESS

Most people in leadership roles in business have never been trained in leadership. Their training is normally focussed on technical functions and yet for many people leading others is the most challenging aspect of their role. This session will provide his insights gained from working with some of Australia's top businesses to help them develop their key leaders and create a culture of leadership throughout their organisations.